

# William Amory Primary School Policy for Personal, Social, Health and Citizenship Education

#### Intent

PSHCE Education in our school will help to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens. We are a Rights Respecting School and everything we do is based on the principles of equality, dignity and respect. We put children at the heart of all our decision-making and ensure that they are safeguarded, cared for, valued and nurtured so that they thrive and have the best chance to lead happy, healthy, successful lives.

We will encourage all children to:

- Become confident, enthusiastic, independent learners who embrace challenge, are brave and curious, take opportunities, and have ambitious aspirations for what they can achieve
- Be trustworthy, honest, polite and kind, and have the confidence to voice their own opinions
- Be compassionate, have empathy and understanding for others, and have the courage to stand up for what is right
- Develop strong friendships, value others and be supportive team players
- Develop resilience, understand consequences and responsibility, and learn how to deal with success and failure
- Celebrate their individuality, find their talents, and take pride in their successes, achieving the highest standards they can
- Learn to look after their mental wellbeing, develop basic life skills, and understand how to live a healthy life
- Develop a sense of belonging and community, including appreciating and caring for their local environment and the wider world
- Learn about and appreciate the arts, sport and heritage, and celebrate diversity
- Become responsible, active citizens who understand democracy, respect other people's points of view, values and beliefs, and understand the importance of citizenship and British values

### **Implementation**

Pupils' personal, social and emotional development is encouraged by a supportive school ethos, where all are valued and encouraged, positive relationships are seen as important and there is a safe and secure school environment which is conducive to learning. Staff are aware of the need for confidentiality and to handle sensitive and controversial issues carefully. Questions will be answered sensitively, according to the age and maturity of the children. The nature of this subject means that, at times, issues may arise that cause safeguarding concerns and staff are aware of the need to follow the child protection and safeguarding policies at all times.

We follow Rights Respecting Schools guidelines which influence the ethos and teaching in our school. In addition to articles 13 and 29, PSHCE supports the following articles:

<u>Article 8</u>: You have the right to an identity – an official record of who you are. No one should take this away from you.

Article 33: You have the right to protection from harmful drugs and from the drug trade.

Article 34: You have the right to be free from sexual abuse.

We promote pupils' personal, social and emotional development through a variety of opportunities and different subjects. Learning experiences draw on pupils' existing knowledge or own experiences and provide a range of opportunities for pupils to learn, practise and demonstrate skills, explore and increase their knowledge and understanding. Time is given for pupils to reflect, consolidate and apply their learning and attention is given to developing a safe and secure classroom climate so that children feel confident to ask

questions and express their views. We endeavour to make the curriculum as relevant to children's real lives and current social issues as possible.

We use a range of teaching and learning strategies and resources to teach PSHCE:

- Teaching PSHCE through and in other curriculum areas, for example, Class assemblies, Science, RE, Geography, PE, English, Music, Health & Fitness/ Healthy Eating Week, Anti-bullying week (including online safety), Fairtrade Fortnight, Black History week, Mental Wellbeing Week
- Extra-curricular activities and school events, for example, clubs, performances, visits by the children and visitors to the school.
- Talks with visitors (following the school protocol)
- Healthy eating and the knowledge of a well-balanced meal
- Opportunities to cook, focusing on healthy and seasonal food (linked to D&T)
- Whole class discussion
- Group or pair discussion (talk partners)
- Individual reflection
- Video clips (eg Newsround) and books
- Theme days/ weeks e.g Anti-Bullying day, E- safety Day, Fairtrade Fortnight, Mental Wellbeing Week Health & Fitness Fortnight / Healthy Eating Week, Black History week, Democracy week, ECO Day, Fair Trade Fortnight, World Week, Children in Need
- Resources such as Jigsaw; the "No Outsiders" scheme

Other whole school policies contribute to the personal, social and emotional development of pupils. These include:

- Online Safety policy
- Computing policy
- Special Educational Needs policy
- Assessment policy
- Equality and Diversity policy
- Safeguarding and Child Protection policy
- Relationships and Sex Education policy
- Drug Education policy
- Anti-bullying policy
- Behaviour Management policy
- Physical Intervention policy
- British Values policy
- Environmental policy/ ECO scheme
- Policies for other subjects

#### <u>Impact</u>

Our PSHCE Curriculum is planned to demonstrate progression and to make links with other subjects where appropriate. If children are showing a good understanding of learning during lessons and can recall key facts at the end of the unit, they are deemed to be making good or better progress. If they are finding learning difficult, support is provided as appropriate. This is recorded in our assessment information.

Additionally, we measure the impact of our curriculum through the following methods:

- Work scrutiny reflecting on standards achieved against the planned outcomes
- Pupil discussions about their learning

We will know we have succeeded when we have confident, happy children who enjoy coming to school, have good social skills and believe in themselves. They will be motivated to achieve, embrace challenge and understand mistakes as an important of learning. They will be mentally and emotionally healthy and happy,

resilient and reflective, and take pride in their achievements. They will be well-rounded, compassionate individuals who are respectful and appreciative of others, their environment and heritage, and contribute positively to the community.

Reviewed: Nov 23 V Woollacott

Next review: Aut 26

# **How PSHCE links to our school aims**

Our values: kindness, respect, curiosity, creativity, pride

## **PSHCE links:**

- confident, happy children
- motivated to achieve
- embrace challenge
- mentally and emotionally healthy and happy
- resilient and reflective
- well-rounded and compassionate
- respectful and appreciative of others
- contribute positively to the community.