



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me and my Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
Reception	What makes me special People close to me Getting help  <i>You Choose</i> (No Outsiders)	Similarities & difference Celebrating difference Showing kindness  <i>Red Rockets and Rainbow Jelly</i> (No Outsiders)	Keeping my body safe Safe secrets & touches People who help to keep us safe  <i>Hello Hello</i> (No Outsiders)	Looking after things: friends, environment, money  <i>The Family Book</i> (No Outsiders)	Keeping by body healthy – food, exercise, sleep Growth Mindset  <i>Mommy, Mama and Me</i> (No Outsiders)	Cycles Life stages Girls & boys – similarities & difference  <i>Blue Chameleon</i> (No Outsiders)
Year 1	Feelings Getting help Classroom rules Special people Being a good friend  <i>Elmer</i> by David McKee (No Outsiders)	Recognising, valuing & celebrating difference Developing respect & accepting others Bullying & getting help  <i>Going to the Volcano</i> by Andy Stanton (No Outsiders)	How our feelings can keep us safe – inc. online safety Safe & unsafe touches Medicine Safety Sleep  <i>Want To Play Trucks?</i> by Ann Stott & Bob Graham (No Outsiders)	Taking care of things: Myself My money My environment  <i>Hair, It's a Family Affair</i> by Mylo Freeman (No Outsiders)	Growth Mindset Healthy eating Hygiene & health Cooperation  <i>My World Your World</i> by Melanie Walsh (No Outsiders)	Getting help Becoming independent My body parts Taking care of self & others  <i>Errol's Garden</i> by Gillian Hibbs (No Outsiders)
Year 2	Bullying & teasing Our school rules about bullying Being a good friend Feelings/self-regulation  <i>Can I Join Your Club?</i> (No Outsiders)	Being kind & helping others Celebrating difference People who help us Listening Skills  <i>How To Be a Lion</i> (No Outsiders)	Safe & unsafe secrets  Appropriate touch  Medicine safety  <i>The Great Big Book of Families</i> (No Outsiders)	Cooperation Self-regulation Online safety Looking after money – saving & spending  <i>Amazing</i> (No Outsiders)	Growth Mindset Looking after my body Hygiene & health Exercise & sleep  <i>What the Jackdaw Saw</i> (No Outsiders)	Life cycles Dealing with loss Being supportive Growing & changing Privacy  <i>All Are Welcome</i> (No Outsiders)
Year 3	Cooperation Online rules & restrictions Online behaviours Friendship (respectful relationships) Coping with loss  <i>This Is Our House</i> (No Outsiders)	Recognising & respecting diversity Being respectful & tolerant My community Bullying, inc. online  <i>We're All Wonders</i> (No Outsiders)	Managing risk Decision-making skills Drugs & their risks Staying safe online Digital literacy  <i>Beegu</i> (No Outsiders)	Helping & being helped Looking after the environment Managing money Developing critical thinking  <i>The Truth About Old People</i> (No Outsiders)	Keeping myself healthy & well Celebrating & developing my skills Developing empathy  <i>The Hueys in the New Jumper</i> (No Outsiders)	Changing bodies & puberty Keeping safe Safe & unsafe secrets Relationships, inc. online  <i>Planet Omar: Accidental Trouble Magnet</i> (No Outsiders)

<p><b>Year 4</b></p>	<p>Healthy relationships Listening to feelings Bullying Assertive skills</p> <p><b><i>Along Came a Different</i></b> by Tom McLaughlin (No Outsiders)</p>	<p>Recognising &amp; celebrating difference (inc. religions &amp; cultural difference) Understanding &amp; challenging stereotypes</p> <p><b><i>Dogs Don't Do Ballet</i></b> by Anna Kemp and Sarah Oglivie (No Outsiders)</p>	<p>Managing risk inc. online Understanding the norms of drug use (cigarette &amp; alcohol use) Influences Online safety &amp; behaviours</p> <p><b><i>Red: A Crayon's Story</i></b> by Michael Hall (No Outsiders)</p>	<p>Making a difference (different ways of helping others or the environment) Media influence &amp; digital literacy Decisions about spending money</p> <p><b><i>Aalfred and Aalbert</i></b> by Morag Hood (No Outsiders)</p>	<p>Having choices &amp; making decisions about my health Taking care of my environment My skills &amp; interests</p> <p><b><i>Julian is a Mermaid</i></b> by Jessica Love (No Outsiders)</p>	<p>Body changes during puberty Managing difficult feelings Relationships inc. marriage</p> <p><b><i>When Sadness Comes To Call</i></b> by Eva Eland (No Outsiders)</p>
<p><b>Year 5</b></p>	<p>Feelings Friendship skills, inc. compromise Assertive skills Cooperation Recognising emotional needs</p> <p><b><i>Kenny Lives with Erica and Martina</i></b> by Olly Pike (No Outsiders)</p>	<p>Recognising &amp; celebrating difference, inc. religions &amp; cultural Critical digital awareness Online Bullying &amp; self esteem</p> <p><b><i>Rose Blanche</i></b> by Ian McEwan &amp; Roberty Innocenti (No Outsiders)</p>	<p>Online safety Bullying inc. online Norms around use of legal drugs (tobacco, alcohol) Decision-making skills</p> <p><b><i>Mixed</i></b> by Aree Chung (No Outsiders)</p>	<p>My health rights, respect &amp; duties Making a difference Decisions about lending, borrowing &amp; spending Media manipulation Artificial Intelligence</p> <p><b><i>How to heal a broken wing</i></b> by Bob Graham (No Outsiders)</p>	<p>Growing independence &amp; taking ownership Keeping myself healthy Media awareness &amp; safety My community</p> <p><b><i>The Girls</i></b> by Lauren Lee and Jenny Lovlie (No Outsiders)</p>	<p>Managing difficult feelings Managing change How my feelings help keeping safe Getting help</p> <p><b><i>And Tango Makes Three</i></b> by Justin Richardson and Peter Parnell (No Outsiders)</p>
<p><b>Year 6</b></p>	<p>Assertiveness Cooperation Safe/unsafe touches Positive relationships</p> <p><b><i>King of the Sky</i></b> by Nicola Davis (No Outsiders)</p>	<p>Recognising &amp; celebrating difference Recognising &amp; reflecting on prejudice-based bullying Bystander behaviour Gender stereotyping</p> <p><b><i>The Only Way is Badger</i></b> by Steel J Jones &amp; Carmen Saldana (No Outsiders)</p>	<p>Understanding emotional needs Staying safe online Digital footprint Drugs: norms &amp; risks (inc. the law)</p> <p><b><i>Leaf</i></b> by Sandra Dieckmann (No Outsiders)</p>	<p>Understanding media bias Digital critical thinking Caring: communities &amp; the environment Earning &amp; saving money Understanding democracy</p> <p><b><i>The Island</i></b> by Armin Greder (No Outsiders)</p>	<p>Aspirations Managing risk Looking after wellbeing Digital literacy &amp; critical thinking skills</p> <p><b><i>Introducing Teddy</i></b> by Jessica Walton and Dougal MacPherson (No Outsiders)</p>	<p>Coping with changes Keeping safe inc. online AI/ deep fakes Body Image Sex education Self-esteem</p> <p><b><i>A Day in the Life of Marlon Bundo</i></b> by Marlon Bundo and Jill Twiss (No Outsiders)</p>